My Greatest Challenge

They Keys to Success are indeed very true. For me, “Be Patient” and “Overcome Frustration” will be my greatest challenges. I do believe that both of these go hand in hand and aren’t exclusive. To become frustrated creates a snowball effect. A reactive mindset begins which can lead to hasty and often poor decision making. Thus, the problem can become even worse. I will work to not enter the frame of frustrated reactivity and instead take a couple moments to become present again in what I am working on, and then utilize Patience to think through the problem with a clear mind to find the efficient path to resolution.